Our goal is to help bring you back into balance naturally with treatments personalized to your needs. Through the heartfelt touch of our experienced therapists, our naturally active products and maximum guest input, we create a new dimension in nurturing and divine pampering rituals. Surrender to the blissful Spa Alila experience and notice the benefits in your appearance, your spirit and overall sense of wellbeing.

Balinese Massage

Feel tension dissolve with this ancient Balinese healing therapy that combines gentle stretching, long therapeutic strokes and nurturing touches to relax and relieve muscle pain. Palm and thumb pressure techniques are also applied to unravel the deepest stress and improve blood flow.

Sole Express

Sit back and relax as your therapist applies varying degrees of pressure to specific points on the feet using thumb and finger pressure to unblock energy flow and promote the body's natural healing from within. The perfect treat for your feet!

Head, Neck and Shoulders

Aimed at releasing built up muscle tension and neck pain. Our therapist delivers a combination of thumb, knuckle and palm pressure work with smooth gliding strokes along the neckline and shoulders to help dissolve deep muscular knots.

Quick Clean and Kind

This fast and fabulous facial provides deep-cleansing essentials to remove left over residue from harsh sunscreens and zinc, while a gentle exfoliantof milled coconut removes unwanted dead skin. Finally a volcanic clay mask infused with rose essential oils is applied softening and reviving your glow.

Heal and Hydrate Body Masks

A full-body nourishing mask of Aloe Vera and Cucumber soothing extracts which assist to cool and deeply moisten sun kissed or damaged skin. Blended with organic virgin coconut oil that provides rich nutritional oils easily absorbed by the skin. This mask also helps preserve the duration of ones tan and reduce skin peeling.

Spa treatments are charged separately from the Alila Purnama private charter / individual suite booking.