

# Our Leisure Concierge Concept

Real! Original! Traditional!. These three words are becoming very synonymous with East Bali. The simplicity of the folk around, the relatively un-spoilt and age old traditions, the smiling faces, the swaying palms and narrow streets with paddy and volcanoes as backdrops, East Bali & Alila Manggis are truly & Surprisingly Different.

Travelling to a new place is a journey undertaken to learn about that place, the people, the culture, the food and some of the more down to earth ways in which they may live. It is said, "Experiences provide happy memories that outlive those material things and possessions, it is indeed the key to emotional wellbeing" – a philosophy by which Alila creates. Keeping this in mind, we have compiled some experiences and journeys, packed with the option to just laze around or indulge in different activities that would take you from ancient palaces to cycling down a volcano to driving through streets surrounded by paddy fields and local people, to learning how to fish and cook like the Balinese. Some interesting dining experiences at Seasalt restaurant or at our Organic garden nearby are also available.

Alila Manggis is located in the village of Manggis, the Balinese name for the exotic 'Mangosteen' fruit that is purple and hard skinned on the outside with white fleshy segments inside .A secret you may not known about the Mangosteen. Is that it contains Xanthones, a powerful anti-oxidant that makes it rich in medicinal properties. These are found in some rain forest plants but nowhere are they in greater abundance than in the rind or the pericarp of the Mangosteen. The natural wood like carvings of the petals on the bottom of the fruits hard outer skin indicates how many segments are contained within. The blue petals on the tiles on the floors in the lobby that welcome you upon arrival at the resort replicate this floral design,

East Bali and the area around us have many more secrets that you may want to unravel during your stay with us. Budi is interesting local personalities who make up our Leisure Concierge team and are on hand to introduce you to these secrets and experiences that are indeed 'Surprisingly Different'. "Selamat Bersenang—Senang"



#### **CONTENTS**

### Journeys at Alila Manggis

ALILA HOSPITALITIES "With Our Compliments" Yoga, Tai Chi, Mini Massage, Afternoon Tea, Bicycling, Shuttle to Candidasa"

A C T I V E S P I R I T S - For those who want to live life to the fullest, combine active holidays with destination discovery. Activities include recommended trekking and cycling, rafting, scuba diving, snorkeling, fishing, and carefully selected soft adventures.

Fishing, Snorkeling, White River Rafting, Bicycling, Adventure Trekking, Dive by Design, ATV Quad Bike.

CONSCIOUS LIVING - When your holidays are about pampering, relaxing and healthy living, activities could include spa experiences, natural healing with a Balian healer, yoga, tai chi and meditation. Take this opportunity to learn about healthy eating and sample our organic garden and cuisine.

Yoga, Local Balian Healer, Alternative Wellness, Hours in the life of a Balinese Priest,

COUPLE CELEBRATION - Dedicate your holidays to your loved one. Whether on honeymoon, anniversary, to affirm your commitment or simply to spend quality time together, let us create the mood and the privacy. Surprise him, surprise her!

Paradise Lost by the Sea, Private Dining Experiences, An exotic Spa & Dining indulgence, Balinese Blessing, Weddings, Renewal of Vows, Anniversaries and other celebrations.

CULINARY JOURNEY - Learn how to cook what you taste, blending those spices and ingredients that make Balinese food so special. Visit local villages and markets or go fishing to understand better the roots and reasons for the different aspects of the cuisine — a true journey to savour.

Balinese Cuisine & Market Tour, Cooking in the Organic Garden, "Catch and Cook" – a Seafood Adventure, Breakfast by the ocean, Breakfast, lunch or dinner at the Organic Garden

CULTURAL LEARNING - Interactive learning experiences to understand the cultural roots of Bali and the daily life of the Balinese people. Activities vary from history, religion and ritual, flora and fauna to architecture and art.

The East of Bali Tour, Art & Fabric Tour, Goa Lawah & Seasalt Making, Community, Culture & Temple Tour, Hidden Sanctuary Tour, Karangasem Sightseeing

PRIVATE PURSUITS - The creative, artistic impulse exists within each one of us. Alila invites you to experience the island's cultural wonders and traditions through our recreational classes. Take this chance to express yourself.

Balinese Dance Class, & Silver Making Journey

ACTIVITIES FOR THE KIDS - Life with nature, Kite Making & Flying, Kids in the Kitchen, Making flower garlands & offerings. A visit to the Bali Safari and Marine Park



#### ALILA HOSPITALITIES – WITH OUR COMPLIMENTS

#### MINI MASSAGE Poolside | 2pm to 3pm

Spa Alila pampers you with ginger tea and a mini massage.

### DAILY WELLNESS ACITIVITIES | Surya Shala or SPA Garden

Join our daily complimentary wellness activity as per weekly calendar.

#### AFTERNOON TEA | Hotel Gardens | Daily | 3pm to 5pm

Enjoy a refreshing cup of tea or Bali Kopi with traditional sweets.

#### INTERNET CONNECTIVITY & WIFI

We offer complimentary WI FI connectivity throughout the property. A computer with Internet connection is also available for use at the Alila Living 24 hours a day. Please ask at Reception to assist if the boutique is closed.

#### BICYCLING, JOGGING, WALKING ANYTIME

Pick up some suggested route maps at reception and if cycling. a safety helmet from the bell desk and immerse yourself in the sights, sounds and scents of East Bali. Experience the culture and stunning views at your own leisurely pace.

#### SHUTTLE TO CANDIDASA

Our complimentary shuttle service operates at the following times:

Leave from Alila Manggis at 11am, and 1pm,

Pick up at Candidasa 1.15pm, and 3.15pm,

Pick up at Tenganan 1.25pm and 3.25pm

For a drop-off or pick-up at any other time out of the Shuttle Schedule, IDR 90,000 per room will apply for one way.





CHASING THE SUNRISE | 5.00am - 8.00am | IDR 825,000++ Per Person CHASING THE SUNSET | 4.00pm - 7.00pm | IDR 1,125,000++ Per Person

Blessed with gorgeous panoramic oceans capes, Bali's eastern coast is a popular destination to catch the most amazing sunrises and sunsets. Rent our jukung, a traditional wooden boat, and cast off from the beach out onto the water to witness one of the most beautiful sunrises or sunsets across the whole island.

Price are per person

++ indicates 21% tax and service charge.



### FISHING LIKE THE BALINESE

2 Hours Journey | IDR 525,000++ per person

Keen to learn the ways of the Balinese fishermen? Head out early at 7.30 am with an experienced local fisherman, who will show you the local way of fishing. On a clear day, the view of the volcanoes is reason enough for an early start! When you return triumphantly with your catch of the day, our kitchen team will be pleased to cook it up into a tasty seafood platter for lunch or dinner.

Price are per person

++ indicates 21% tax and service charge.



### **DEEP WATER FISHING**

4 Hours Journey | IDR 825,000++ per person

Start from 7.30 AM, enjoy the thrill of the catch! Jump aboard our traditional Jukung and head out to the deep water fishing area around the Nusa Penida Strait — a playground for angling small tuna fish, red snappers, jackfish and many other deep water creatures. If you prefer bottom fishing, snappers, blue coral fish and scribbled filefish are teeming under the sea. You can also bring along snorkeling gear to enjoy some deep-sea swimming.

Price are per person

++ indicates 21% tax and service charge.



### SNORKELING IN EAST BALL

1,5 Hours Journey | 08 AM to 10 AM or 10 AM to 12 PM IDR 525,000++ per adult | IDR 375,000++ per child

Ride our Jukung just across from the hotel to a small but colorful reef just off the coastline, or be driven by car to the Blue Lagoon area. The first trip leaves at 08 am and the second at 10 am, subject to suitable sea and weather conditions. Life vests are also available upon request.

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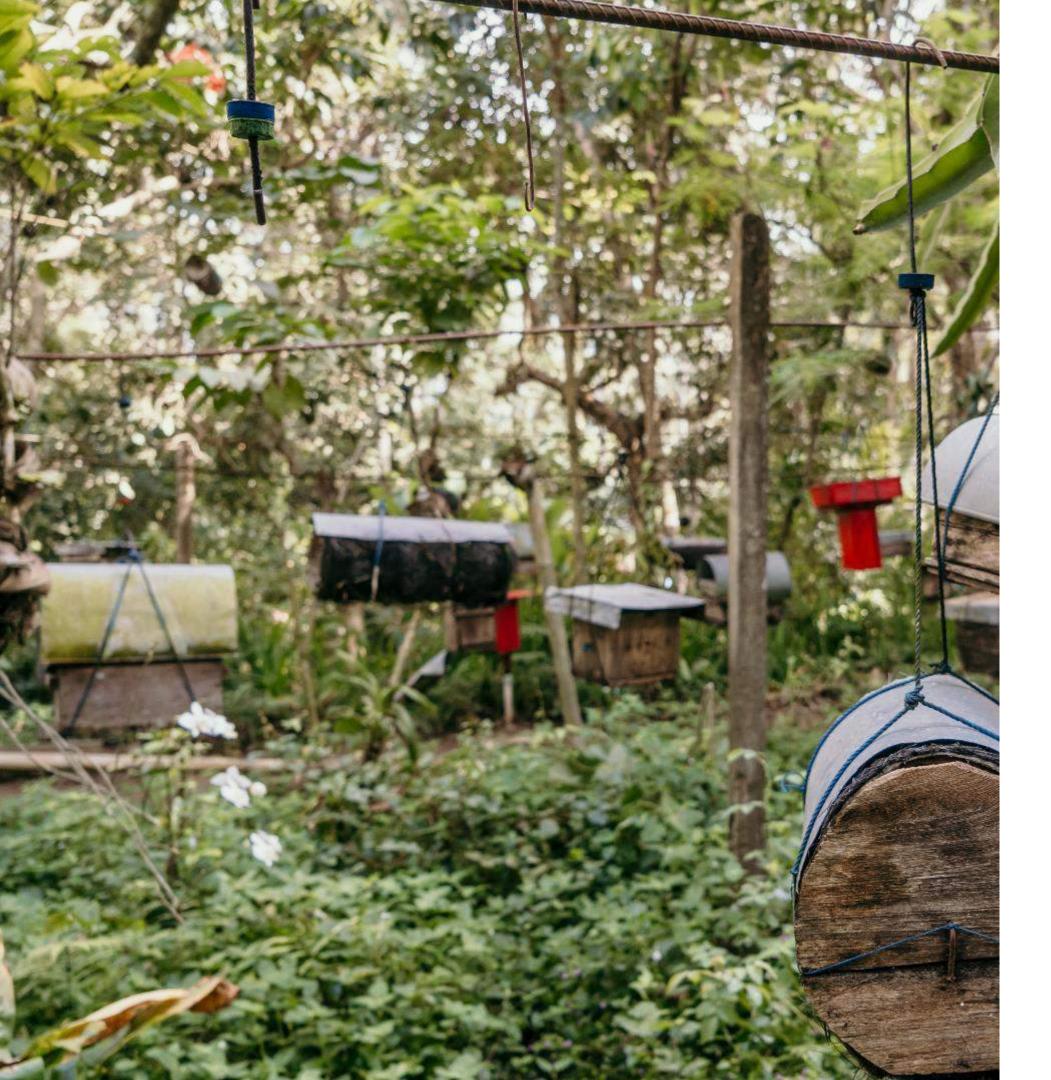
### WHITE WATER RAFTING AT TLAGA WAJA

Start from 9.00 AM to 3.00 PM | IDR 1,125,000++ per person

Emerald green paddy fields water into the valley that channels the Telaga Waja River into a gushing river heading for the coast. It is a river to be respected, twisting and turning like an angry white snake. Yet it also offers the perfect playground for this exhilarating sport with internationally trained guides to negotiate the rapids with great skill. The adventure begins on the hilly sites of sacred Mount Agung, surrounded by untouched forest and pure Balinese nature. You will travel 15km along the river and descend over 200m down the mountains – furious and fun! This is a level 4 water rapid course.

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### **ACTIVE SPIRIT - CYCLING**

### SELUMBUNG VILLAGE CYCLING

10 Min Car Transfer | 1,5 Hours Journey | IDR 525,000++ per person

Embark on a cultural journey starting from Pekarangan Village and discover the traditional Balinese compounds and local Balinese bee farms in Selumbung Village. Experience the natural and pure 100% honey harvested by the farmers from East Bali. The journey ends at Alila Manggis Organic Garden where you can take a moment to relax and indulge in the breathtaking view of the magnificent rice paddies before heading back to the resort. Allow us to take you on a memorable cultural experience that will leave you with a deep appreciation of the local Balinese communities and their traditional way of life.

Price are per person

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## **ACTIVE SPIRIT - CYCLING**

### MOUNTAIN TO THE SEA BIKE

60 Min Car Transfer | 2,5 Hours Journey | IDR 1,125,000++ Per Person

Set off from Sogra on a scenic bike ride down the forested slopes of Mount Agung, winding through local villages along the way, soaking up the fresh air and spellbinding views. Pedal on to Kalang Anyar market and take photos of the stunning mountain vistas from Sibetan village before reaching Pasir Putih beach, where you can cool off in the sea and refresh with a fresh coconut and lunch.

Price are per person

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### **ACTIVE SPIRIT - CYCLING**

### EAST BALI ON A BICYCLE

60 Min Return Transfer | 2 Hours Journey | IDR 975,000++ per person

After breakfast, drive to Bebandem village where the cycle ride begins through small villages and the green views of the rice paddies on narrow roads. Your guide will take you through the rice and vegetable farming methods, rural Balinese village life and the culture. You can take as many photos as you want, stop or start as often as you want and talk with the smiling and ever friendly-local people. At the end of the bike ride, we will visit Pasir Putih, the white sandy beach should you wish to take a dip to cool down or just enjoy the beautiful bay. Inclusive entrance fee at Tirta Gangga

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### EAST BALI QUAD BIKE ADVENTURE

30 Min Return Transfer | 2 Hours Journey | IDR 1,125,000++ per person

Experience the thrill of adventure and immerse yourself in the natural beauty of Bali with Alila Manggis' Quad Bike Adventure. Departing from Selumbung Village, you'll explore traditional Balinese compounds and journey through hills, forests, and rivers, all while taking in breathtaking views of Bali's lush greenery. The adventure culminates with a visit to a magnificent waterfall that is sure to take your breath away. With experienced guides leading the way, you can rest assured that safety is a top priority while you enjoy this unique and exhilarating experience.

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### LIFE WITH NATURE

10 Min Car Transfer | 1,5 Hours Journey | IDR 450,000++ per person

This beginner level trek is suitable for children and adults. Let them discover the area's tropical natural while learning about the local customs, rice fields and the famous subak (water irrigation) system. The morning exercise ends in our organic garden where you can relax, swap tales and enjoy some refreshments.

Price are per person

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### PLANTATIONS & PADDY TREK

50 Min Return Transfer | 1,5 Hours Journey | IDR 525,000++ per person

From Asak to Bugbug, walk through the famed rice fields of East Bali on this half-day nature and soft adventure walk surrounded by spectacular scenery, you could see the life cycle of the rice crop at one of its stages between planting & harvesting You will also work through and past many local village temples and depending on the time of year, you could witness a traditional ceremony or two. Meet the village farmers and maybe even sip a cup of ginger tea or Bali coffee with them.

Price are per person

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### HILLSIDE ADVENTURE

45 Min Return Transfer | 3 Hours Journey | IDR 675,000++ per person

Set off from the hillside village of Gumung, where the panoramic view is breathtaking, sweeping from majestic Mount Agung to the sea. As you go downhill, you find palm sugar trees thriving in their natural environment, not far from Bali's most exotic fruits such as durian and white mango. (Beginner to medium level trek.)

Price are per person

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### KASTALA TO TENGANAN

45 Min Return Transfer | 2 Hours Journey | IDR 600,000++ per person

This trek crosses through numerous rice terraces and small farms allowing you to truly appreciate the native landscape of Bali. The trek also takes you up and over a number of hills that offer great views to the sea, before finishing at the fascinating 'Bali Age' village of Tenganan, famous for its double ikat weaving and unique basket making.

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### HOLY TREK TO HAVEN

120 Min Car Transfer | 4,5 Hours Journey | IDR 975,000++ per person

An unforgettable spiritual trek to the holy hill called Lempuyang. Start your trek at Jumenang from where you can see Mount Agung and Lombok island. Receive a blessing at a small temple before stepping onto the holy mountain and continuing through Pandan Forest where you will see many kinds of tropical botanicals and animals. On reaching the top of Lempuyang Hill, rest and enjoy the view. Our guide will assist you to dress in full traditional Balinese sarong in preparation to visit this special temple, Lempuyang Luhur, and meet the local priest for a Hindu blessing. Afterwards, as you climb the 1,700 steps down again, our guide will share with you the unique story of holy water in the holy bamboo of the temple.

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### MOUNT AGUNG TREK

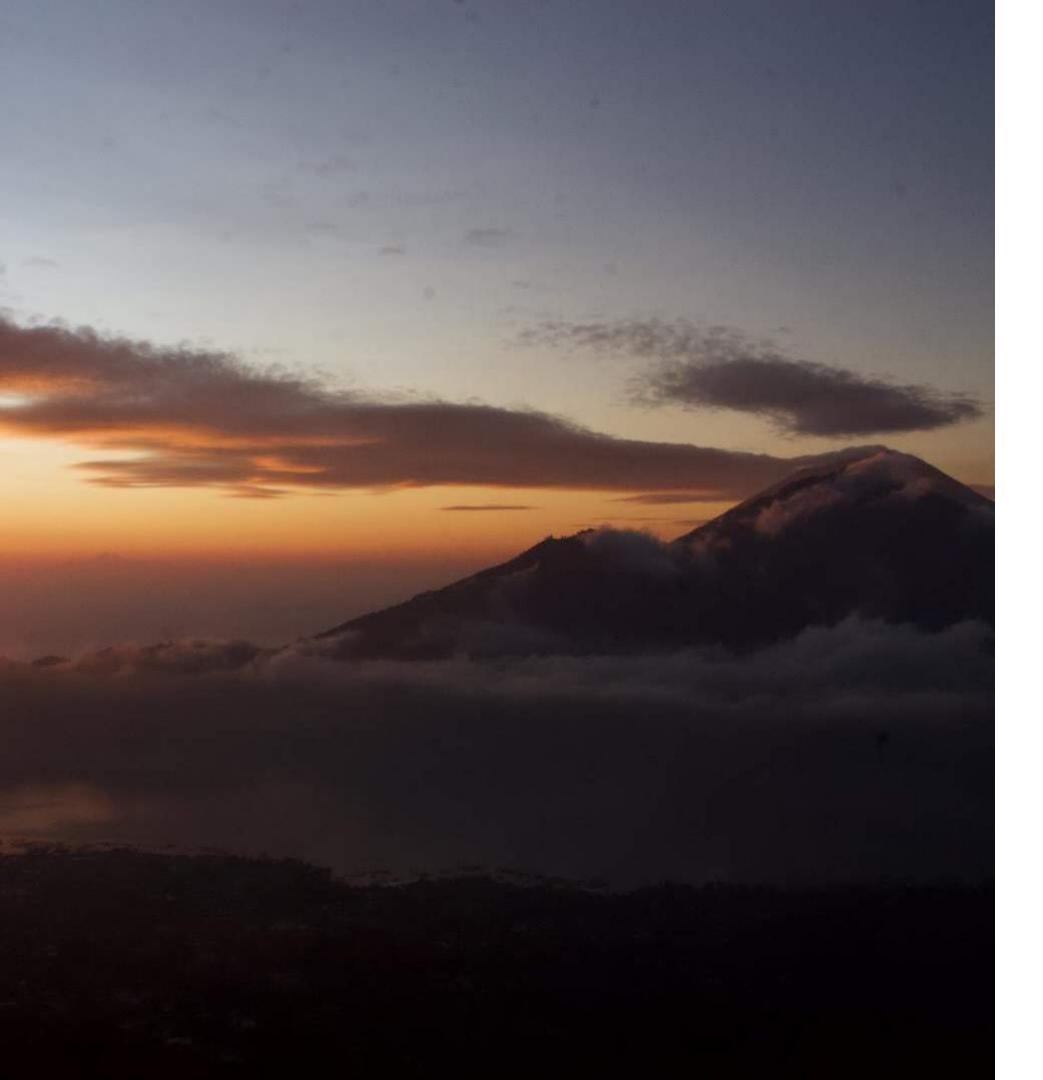
120 Min Car Transfer | 7 Hours Journey | IDR 1,875,000++ per person

For the truly adventurous, consider a challenging 7-hour climb up the slopes of Mount Agung - reaching the top just in time for the spectacular sunrise. Depart from the hotel at 00.30am to ensure you reach the top before 7.00am. Two days notice is required. Note: This trek is recommended for those who are in good physical condition and are seeking a challenge. You must also possess suitable attire — hiking boots (or good trainers and a back pack) and warm clothing as it is rather chilly once you get close to the summit.

Trekking starts at 02.00am. Be prepared for the sun and bring your sunblock. Not recommended for children under the age of 12. Please book one day in advance

Price are per person

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#### MOUNT BATUR TREK

240 Min Return Transfer | 4 Hours Journey | IDR 1,875,000++ per person

Embark on an awe-inspiring journey to witness the spectacular sunrise from the summit of the active volcano, Mount Batur. The adventure begins before dawn with a 1.30 am departure, which allows ample time to trek through the dark, starry night and ascend to the peak before 6 am.

As you ascend towards the summit, be prepared to be enchanted by the breathtaking scenery of the surrounding landscape, including the glittering stars, the distant lights of the neighboring villages, and the sprawling mountain ranges. Upon reaching the summit, bask in the warmth of the sun's first rays as it slowly illuminates the vast horizon, marking the start of a new day.

To complete this unforgettable experience, indulge in a volcanic steamed breakfast, cooked using the natural heat from the mountain. Relish the delectable flavors while soaking in the mesmerizing views of the sun-kissed landscape, making this once-in-a-lifetime experience truly worth the early start.

After a magical sunrise trek. Finish your journey by immersed at natural hot spring at the finish point of the mountain before heading back to the hotel

Trekking starts at 3.30am. Be prepared for the sun and bring your sunblock. Not recommended for children under the age of 12. Please book one day in advance.

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## **CONSCIUS LIVING**

### PRIVATE YOGA, TAICHI OR MEDITATION SESSION

1 Hour Private Class | IDR 450,000++ per person

#### PRIVATE YOGA

Get to know key Hatha Yoga practices that focus on the cultivation of power and burning through the limitations that bind us in mediocrity. Learn to breathe consciously and let yourself be guided with awareness towards a steady and calm mind.

#### **TAICHI**

Flow gracefully and slowly through body movements by focusing on a steady motion and deep breathing. As you experience meditation in motion, the gentle flow from one posture to the next supports in stress reduction and promotes serenity throughout the exercise.

#### MEDITATION

An ancient practice to achieve a mentally clear and emotionally calm and stable state — train your attention and awareness as you learn breathing techniques and practices to control your emotions. Become more connected with those around you and experience your stress level decreasing.

Price are per person

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## **CONSCIUS LIVING**

### **BALIAN HEALER**

- 1 Hour Session | IDR 675,000++ per person
- 3 Hours Session with Purification | IDR 1,350,000++ per person

Meet the doctor, Bali style! Meet the Balian Healer, a spiritually gifted man known as the local Balinese "Balian" or healer from Perasi Village, East Bali. The Balian has been the focal point of healing in Bali for centuries, usually using herbs for massage to heal your aches and pains. Human Touch to Heal. An hour with the local Balian, a traditional healer using the ancient Balinese touches and practices to cure those aches and pains.

Price are per person

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## **CONSCIUS LIVING**

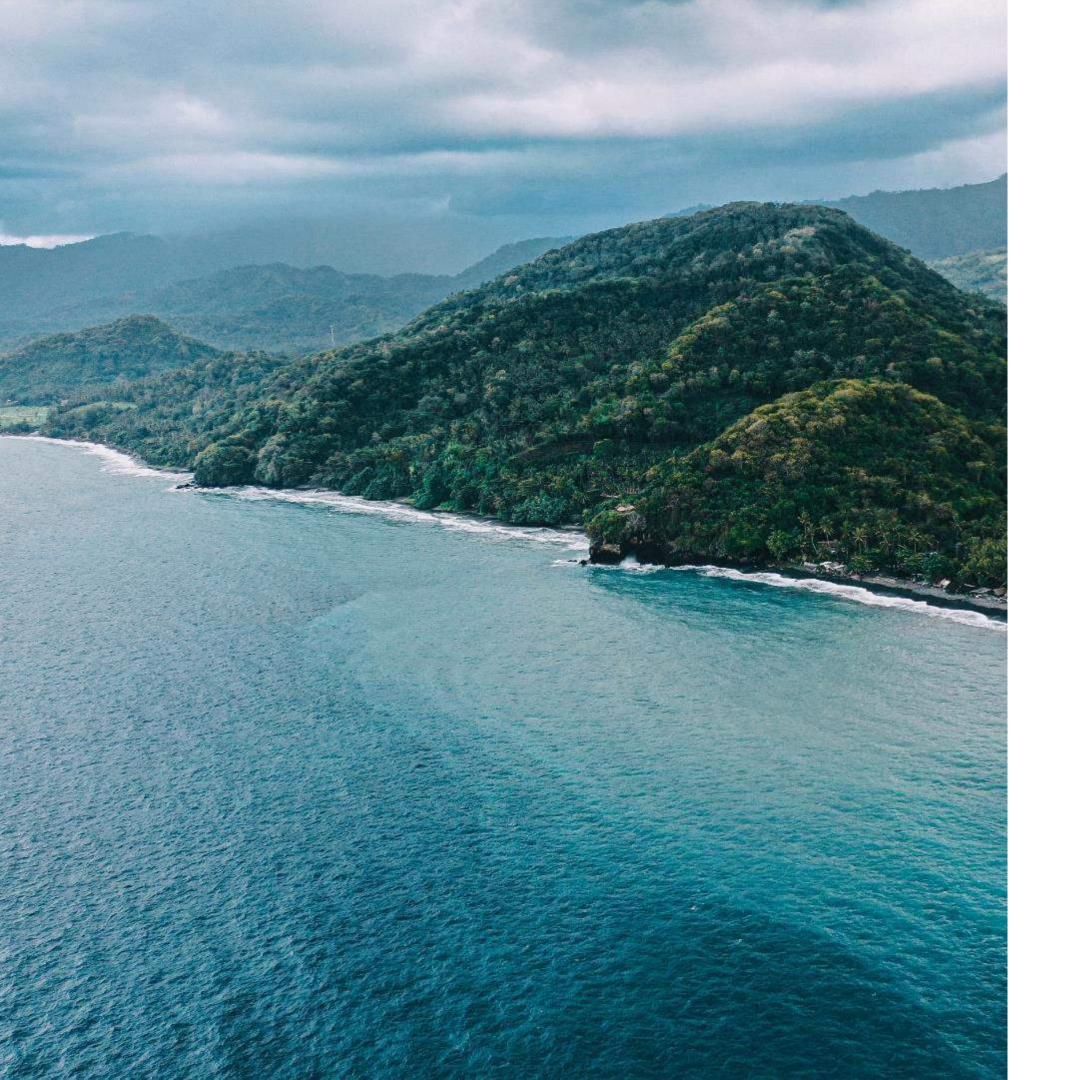
### A DAY IN LIFE OF A BALINESE PRIEST

2 Hours Journey From 8-10 am | IDR 525,000++ per person

Hinduism dominates the everyday life of most Balinese people and the most revered member of this community is the priest, who guides people in the community to ensure harmony. The Bali Hinduism religion is a combination of elements from the Indian Shivaite and Buddhist traditions with other beliefs originating from the archipelago of Indonesia. Visit the Pedanda, the High Priest at Griya Manggis and witness the daily rituals and activities. See him make the holy water, direct the rituals of life and death, witness him in prayer and blessings, preparing the offerings made of palm leaves and food. Finally join the cleansing and blessing ceremony before returning to the hotel.

Price are per person

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## **COUPLE CELEBRATION**

### PARADISE LOST BY SEA

7 Hours Journey From 8 AM to 3 PM | IDR 2,400,000++ per couple by car | by boat IDR 3,000,000++ per couple

Lose yourself in the beauty and tranquility of beaches in East Bali. Start with snorkeling at the Blue Lagoon where colourful reef fishes swim only centimeters away. Then bask in the sun and seclusion of Pasir Putih beach, where you will enjoy a romantic lunch and toast each other with sparkling wine.

Price are per per couple

++ indicates 21% tax and service charge.



# **COUPLE CELEBRATION**

#### DINE UNDER THE STARS

AN EXOTIC SPA & GARDEN DINING EXPERIENCE | IDR 4,500,000++ per couple

Ninety minutes of sheer bliss at the seaside spa bale followed by a most romantic escape to our organic garden as dusk settles into night. Absolute serenity, absolute privacy amid the soft glow of candles, lanterns, and the sounds of nature.

### TABLES BY THE OCEAN | IDR 1,950,000++ per couple

Surprise your loved one with an intimate dinner for two. Savour the amazing food of Seasalt Restaurant at a location of your choice, a candlelit dinner in our Surya Shala, a secluded spot in our garden, or in the privacy of your own balcony. Together with our chefs, design your own menu and cherish the moment.

Price are per couple

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## **COUPLE CELEBRATION**

### BALINESE BLESSING – A Celebration or Renewal of Vows

IDR 4,500,000++ per couple

Celebrate your love in the Balinese way, be it your honeymoon, an anniversary or just to reaffirm your commitment to each other with blessings from a Balinese hi-priest in an authentic ceremony at Geriya Manggis. Our Leisure Concierge will assist you in dressing the traditional way with a hand woven East Bali Ikat. Experience the traditional Balinese ceremony with holy water, offerings of flowers and incense sticks. After the blessing, honor your relationship with a traditional cocktail at our beachfront. A unique Balinese experience and a 'Surprisingly Different' photo opportunity.

Price are per couple

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### SEASALT RESTAURANT – All-day dining restaurant

The restaurant derives its name from the Seasalt Pans in Goa Lawah nearby. The Seasalt we serve originates at these pans and it is our intention to make every effort to keep these dying pans alive by supporting the scattering of families that continue to use this age old method of panning.

Locally inspired, we definitely are. Our Head Chef Sandiasa originates from East Bali. He started his career here, then he continued his journey for several years at Alila Villas Uluwatu before comeback to Alila Manggis as a Head Chef. His overseas experience combined with his local background allows him to offer you a renewed difference in the cuisine he offers.

Through breakfast, lunch and dinner, we bring you flavors that are both local and international, some inspired and others traditional, some simple and a few slightly more complicated, some meals for one and others to share, some spicy and a couple that are not too spicy. We continue to offer dishes made of locally sourced ingredients and produce.

Open daily: 7 AM – 11 PM

Authentic East Bali & International Cuisines

See the full menu



## **OCEAN BAR**

Follow the sound of the waves to the Ocean Bar, East Bali's new spot to eat, drink and chill out. Nestled right by the ocean, the Ocean Bar at Alila Manggis is a cosy al fresco lounge and bar offering an extensive and creative menu of drinks and light bites. A relaxing destination to enjoy cool refreshment, sunset cocktails, or drinks under the stars.

Open daily: 2 – 11 PM

Local light bites menu

See the full menu



### THE GARDEN MENU

A few minutes away is our hotel garden tucked away in quiet splendor. While we have mentioned some of the activities that one could indulge in while there, we also have a menu that gives you options for breakfast, lunch or dinner at the garden. Prior reservations are necessary as we can only accommodate one booking at a time per meal at the garden. You will be surrounded by paddy fields with the sights and sounds of farmers tending their cows, ducks and their beloved rice. Over all this in the distance, is a view of the ocean.

Tailor made menu applicable based on guest preference and dietary For direct information, please email to manggis@alilahotels.com



## **BREAKFAST IN EAST BALI**

Tantalize your taste buds with our chef selections, from the basket of pastries to traditional Indonesian herbal drink "Jamu" begin your day with daily different selection amidst the serenity of nature in East Bali

Seasalt Restaurant at Alila Manggis

07 – 11 AM



### AFTERNOON TEA BY THE SEA

Relax at the poolside with sweet and savory Balinese light bites and a refreshing cup of coffee or tea at your style for an afternoon perfection. Looking for a picturesque afternoon? We got you covered with our Balinese Tea Time Picnic by the sea in another spot of your choice.

Ocean Bar at Alila Manggis

03 - 05 PM

Afternoon Tea at Ocean Bar | IDR 120,000++ per person

Balinese Tea Time Picnic | IDR 225,000++ per person

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### THE TRADITIONAL BALINESE MEGIBUNG

Seasalt Restaurant at Alila Manggis | IDR 675,000++ per couple | IDR 335,000 ++ per person

The Traditional Balinese Megibung is unique in its presentation and in the traditional way in which it is shared with friends and family during village festivals and ceremonies of East Bali. This is an excellent way to sample the different flavours and colours of our very local cuisine, decoratively served to you on a carved timber stand called the Dulang.

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### BARBECUE UNDER THE STARS

BALINESE BARBECUE | IDR 395,000++ per person | Minimum 20 people

Add an extra-special experience to your group gathering or retreat with a Balinese BBQ feast. Share a memorable evening of dining outdoors with an ocean view as the smoky aromas of Babi Guling, Bali's famous spit-roasted suckling pig dish, tantalise your taste buds.

### FRIDAY RHYTHM OF RELAXATION | IDR 495,000++ per person

Join us at the Ocean Bar every Friday from 7.00 pm onwards, where you can savour freshly caught seafood grilled barbecue style, accompanied by signature cocktails and live performances by some of Indonesia's most talented musicians. Sit back and chill out as you indulge in this wonderful pairing of food and music, letting all the stresses of the week drift away on the ocean breeze.

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### INDONESIA ELIXIR OF LIFE

2 Hours Class | IDR 550,000++ per person

Learn how to make different Jamu, traditional herbal beverages packed with health-promoting blends of herbs and spices. Indonesians have long harnessed the curative properties of the plants that flourish in their lush countryside to make their "elixir of life." Discover the different ingredient blends that have been passed down from one generation to the next, and their unique health benefits.

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### **BALINESE CUISINE & MARKET TOUR**

4 Hours Class | IDR 1,350,000++ per person

Understand how the cycle of daily life translates to the plate in traditional Balinese dishes. After an early morning breakfast, experience the amazing sights, sounds and aromas of Klungkung market, one of the busiest village markets in East Bali. Back at the hotel, learn how to use the ubiquitous Ulekan (traditional Balinese mortar and pestle) to make the embodiment of Balinese cuisine — Bumbu Bali (Balinese curry paste) and Bumbu kacang (peanut sauce) — and prepare Balinese style nasi goreng (fried rice) in a wok and sate ayam (grilled chicken skewers). Savour the morning's handiwork over a leisurely lunch in the restaurant.

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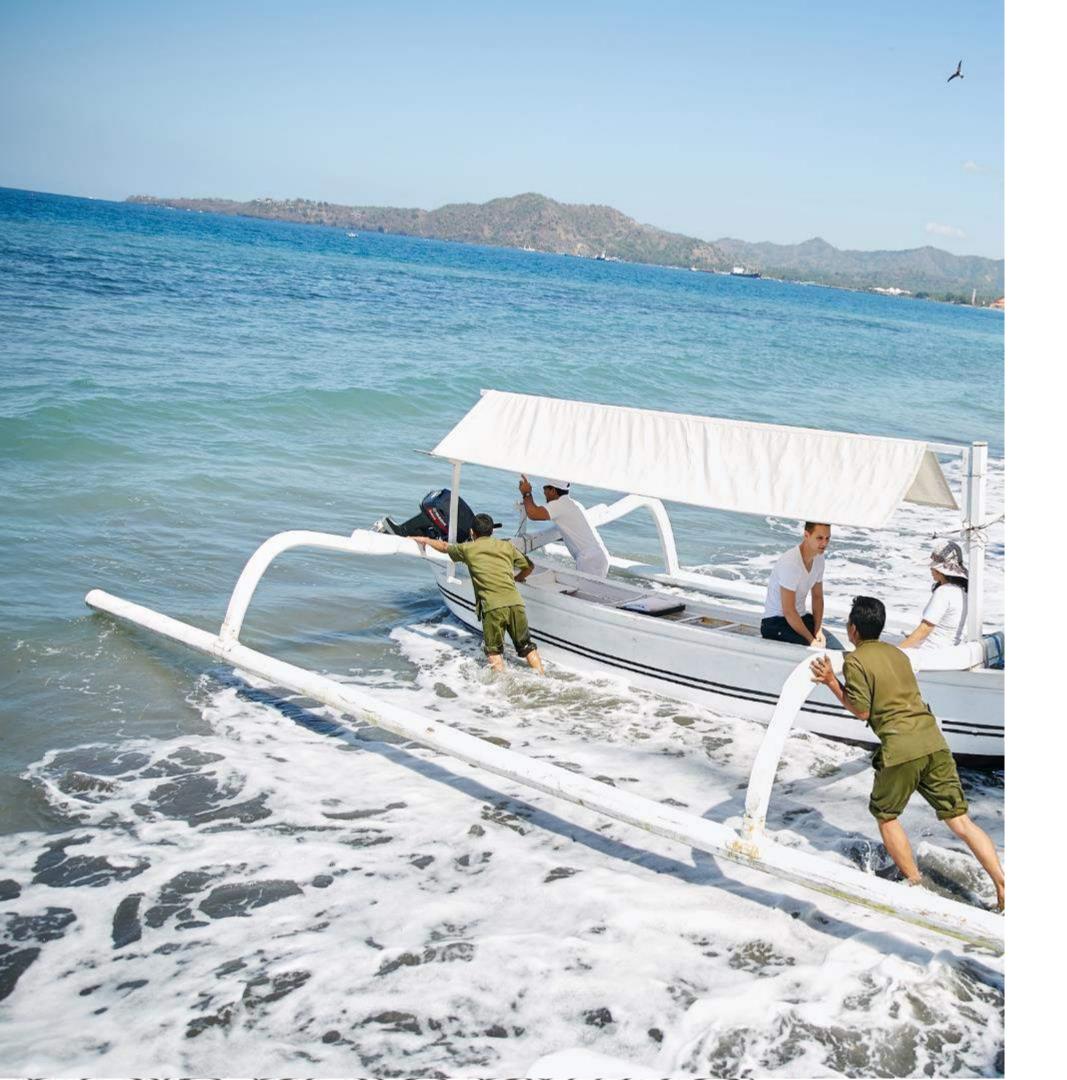
### COOKING CLASS AT THE ORGANIC GARDEN

4 Hours Class | 1,200,000++ per person

Explore the building blocks of Balinese cuisine at the longest-running cooking class on the island. The resort's private hands-on class starts with a visit to our organic garden, hidden below the foothills of Mount Agung overlooking the sea. Discover traditional agricultural practices, then get in on the action. You might pick fragrant chilies and herbs, depending on the season. Our resident chef will then introduce you to essential cooking techniques in the resort's outdoor kitchen. Afterwards, enjoy the meal you created in a traditional Balinese pavilion.

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## **CULINARY JOURNEY**

#### CATCH AND COOK – A SEAFOOD ADVENTURE

4 Hours Journey | 7.30 am to 1.30 pm or 4 pm to 6 pm | IDR 1,500,000++ per person

Join our team of fisherman aboard our traditional jukung fishing boat. Early morning, venture out with the colorful local fleet of fishing boats to catch a fish for your dinner. The cooking class starts at 4pm in our garden by the sea. Learn how to prepare a local fish and prawn curry. Bumbu Bali and pepesikan (fish wrapped in banana leaves) will be served for dinner as a sumptuous seafood megibung, featuring the food you cooked during your class and your very own catch of the day.

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# **CULINARY JOURNEY**

### LOCAL AUTHENTIC SPICES

2 Hours Journey | IDR 750,000++ per person

Not enough time for a full day of cooking? This course is for you. After a brief introduction to the different spices used in Bali, learn how the many combinations work together to create a wide range of flavours that make up Bali's cuisine. You will enjoy the various sambals, spice mixes and sweets for lunch.

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#### THE EAST OF BALL

6 Hours Journey | IDR 900,000++ per person

Discover the beauty and history of East Bali, from the rice paddies to the coast, from the famous palaces of the old kingdom of Karangasem to the Bali Aga, the 'original' Balinese. This is along the coastal road

Your first stop is Asak, one of a few Aga villages between Candidasa and Amlapura, where the unique customs and traditions of the Bali Aga are still followed today. Continue on a tour of surrounding villages, passing bamboo forests, and dipping into history at Taman Ujung Temple in Amlapura, where the last king of Karangasem spent his time.

Enjoy the views on the coastal road towards Amed (famed for fantastic diving) and see the beautiful architecture of the water palace in Tirta Gangga, before your journey winds to an end at Budakeling, famous for its gold and silversmiths,

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#### **ART & FABRIC**

6 Hours Journey | IDR 900,000++ per person

Get to know Bali through its art and handicraft traditions. Visit the most famous site in Klungkung — Kerta Gosa and Kelungkung memorial monument, the courthouse of the old kingdom. The dreadful punishments said to be reserved for sinners in another life are illustrated on the roof of the courthouse. Appreciate Bali's artistic and cultural heritage with a visit to The Kamasan Style School of Traditional Painting.

A journey to Sidemen Village and learn the weaving and dyeing process of the Sidemen village sarongs, famed for their unique design and colour. Discover why Balinese silversmiths are world-renowned with a stop at a traditional silversmith at Budakeling. Head home via another shopping opportunity at Tenganan, where you will find exquisitely weaved double-ikat fabrics and woven baskets.

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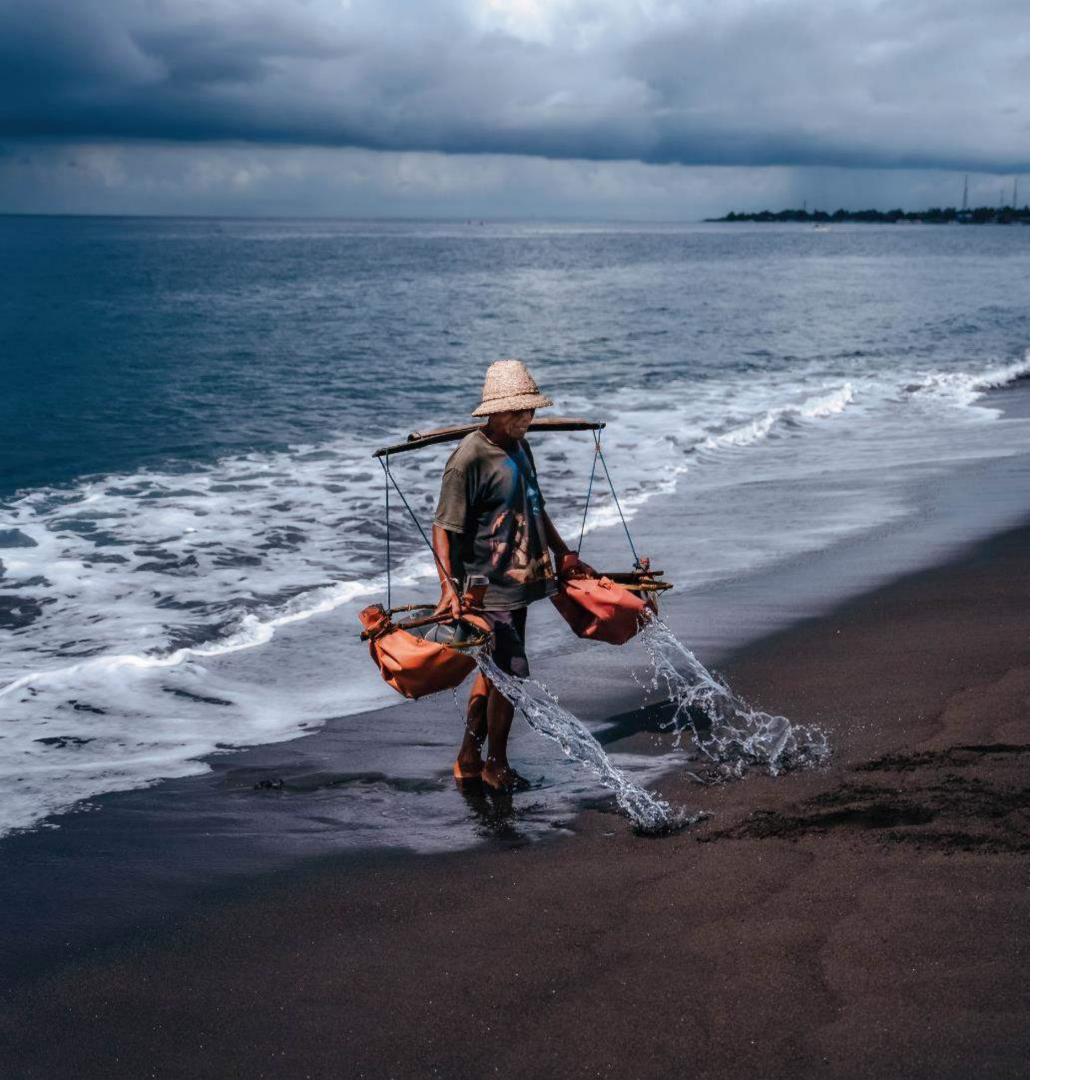
#### THE BALI AGA EXPERIENCE

2,5 Hours Journey | IDR 450,000++ per person

Tenganan is perhaps one of the most secluded and conservative villages on the island of Bali, protected by a strict code of isolationism, this original Bali Aga village has retained its unique culture and customs over the centuries. High walls surround the village, and marriage to outsiders is frowned upon, the famous double-ikat or" Gringsing" woven cloth is made here, in a process which takes anything up to four years, to complete one bundle become three piece of cloth. The aristocratic Tengananese own large tracts of fertile land, which they hire out to neighboring villagers to farm on a share-cropping basis. A number of unusual rituals take place in this village on special holy days, and once a year there is a ritual blood-shedding fight of pandanus leaves in which all the men of the village prove their manhood. The gamelan instruments used to accompany ceremony and dance are the ancient Selonding instruments, rarely seen now in other parts of Bali.

Price are per person

++ indicates 21% tax and service charge.



## **GOA LAWAH & SEA SALT JOURNEY**

2,5 Hours Journey | IDR 525,000++ per person

Visit the famous Goa Lawah (Bat Cave) located 15 km southwest of Alila Manggis. The cave is home to thousands of bats and has a temple built in front of its entrance. The combination of squeaking bats, crowds of kneeling devotees, burning incense and priests' prayers makes a visit to Goa Lawah during ceremonies a fascinating experience. On your return journey, stop at the Kusamba Salt Pans, famous for its organic sea salt. Witness the process of sprinkling sea water over the black sand until one gets concentrated sea salt.

Price are per person

++ indicates 21% tax and service charge.



### COMMUNITY, CULTURE & TEMPLE TOUR

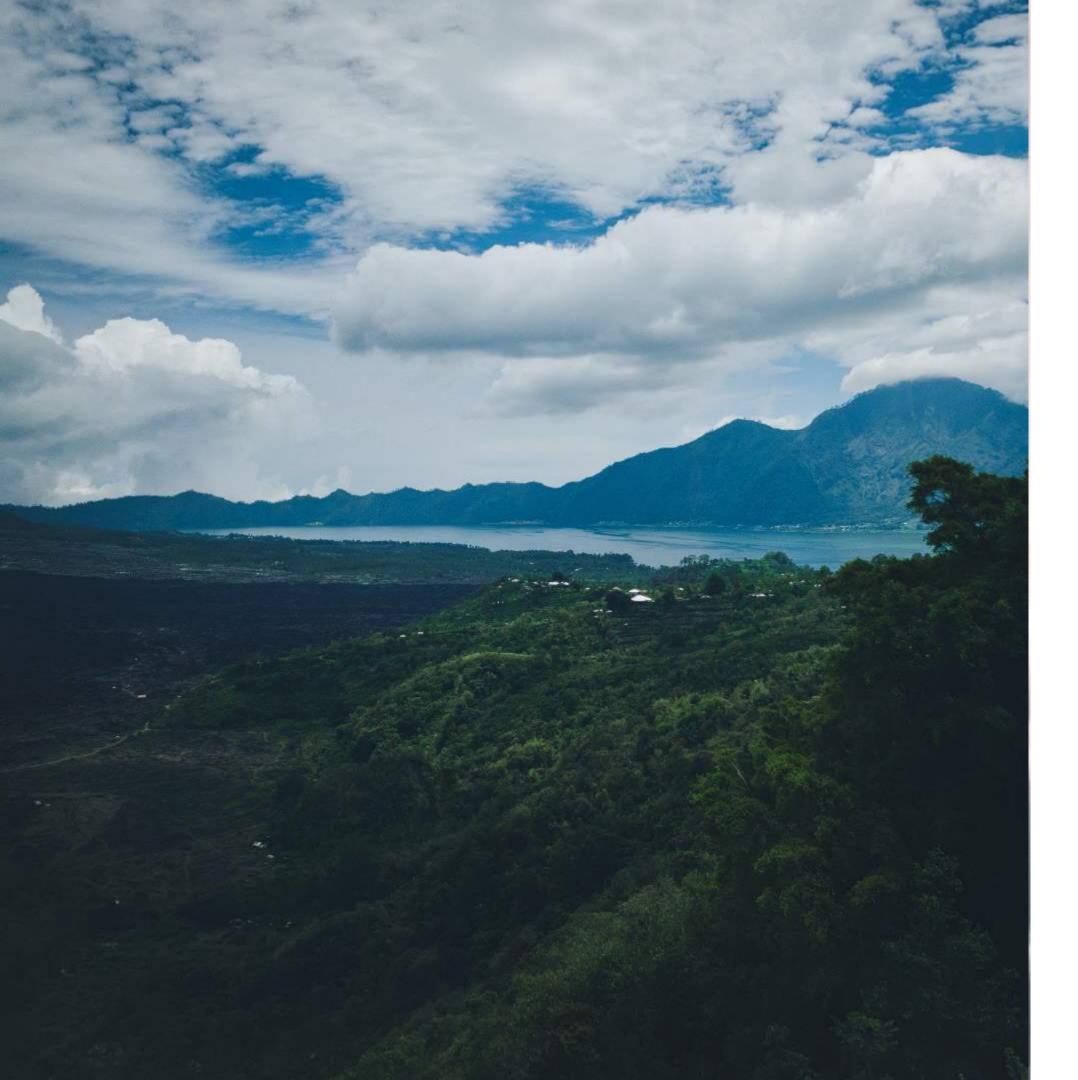
5 Hours Journey | IDR 825,000++ per person

Observe local village events and ceremonies where you can learn about Hindu temple protocol, the Balinese interpretation of Hinduism in regards to ceremony ritual, and the history of passing culture on through the generations. Visit Tenganan, a pre-Hindu village where you will see their unique way of life. Drive via the salak (snakefruit) plantations of East Bali in Sibetan and enjoy the fresh countryside air. This journey ends with a visit to Pura Besakih, the mother temple of Bali. It is most enjoyable during one of the frequent festivals, when hundreds of Hindu devotees come to pray, gorgeously adorned with beautifully arranged offerings.

\*Ceremony Events schedule will be according to the Balinese calendar and local priests."

Price are per person

++ indicates 21% tax and service charge.



#### HIDDEN SANCTUARY & ANCIENT TO ANCIENT

8 Hours Journey | IDR 2,400,000++ per person

Join us for a unique and immersive experience in Bali as we embark on a journey to explore the hidden streets of this enchanting island. Follow our leisure concierge on a guided tour to 'Black Lava', where you can enjoy a cup of your favorite coffee or tea while soaking up the stunning views of the black lava from the nearby Batur volcano.

As we continue our journey, we'll head to the ancient village of Terunyan, which is steeped in rich history and tradition. This village is home to many significant historical sites that offer a glimpse into Bali's fascinating past. Our knowledgeable guide will take you through the village, sharing insights into its culture and traditions, before heading to its sacred and historical cemetery through Cano.

After our tour of Terunyan Village, we'll visit the 11 holy water fountain for a refreshing dip, where you can rejuvenate and cleanse your body and soul. We'll conclude the day with a delectable lunch before returning to the comfort of Alila Manggis

Price are per person

++ indicates 21% tax and service charge.



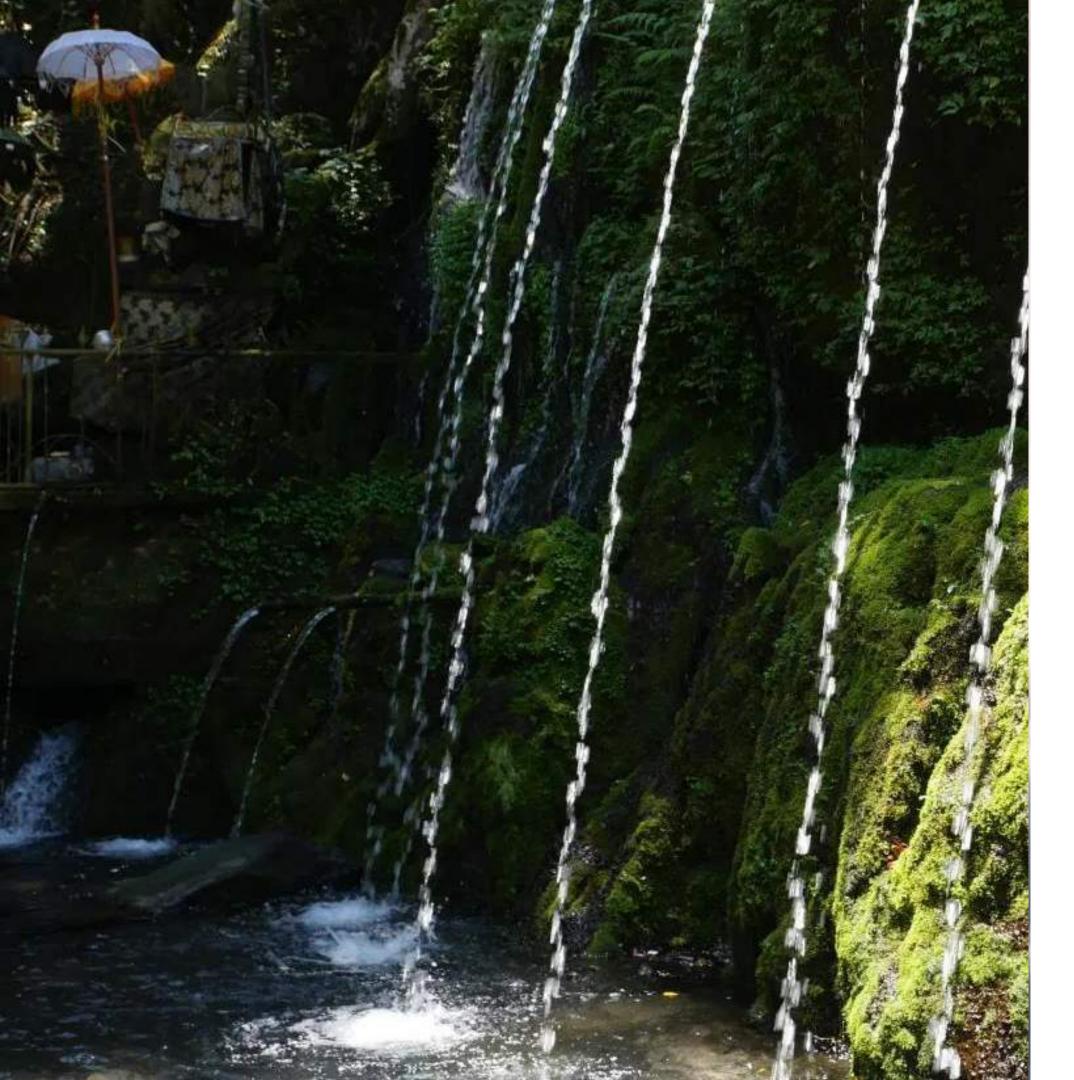
# SIGHTSEEING TO LEMPUYANG

4 Hours Journey | IDR 750,000++ per person

Stroll at your leisure and stop to take in the paddy field views as you tour the most famous attractions of the former kingdom of Karangasem as Lempuyang Temple, And The Tirta Gangga Water Palace,

Price are per person

++ indicates 21% tax and service charge.



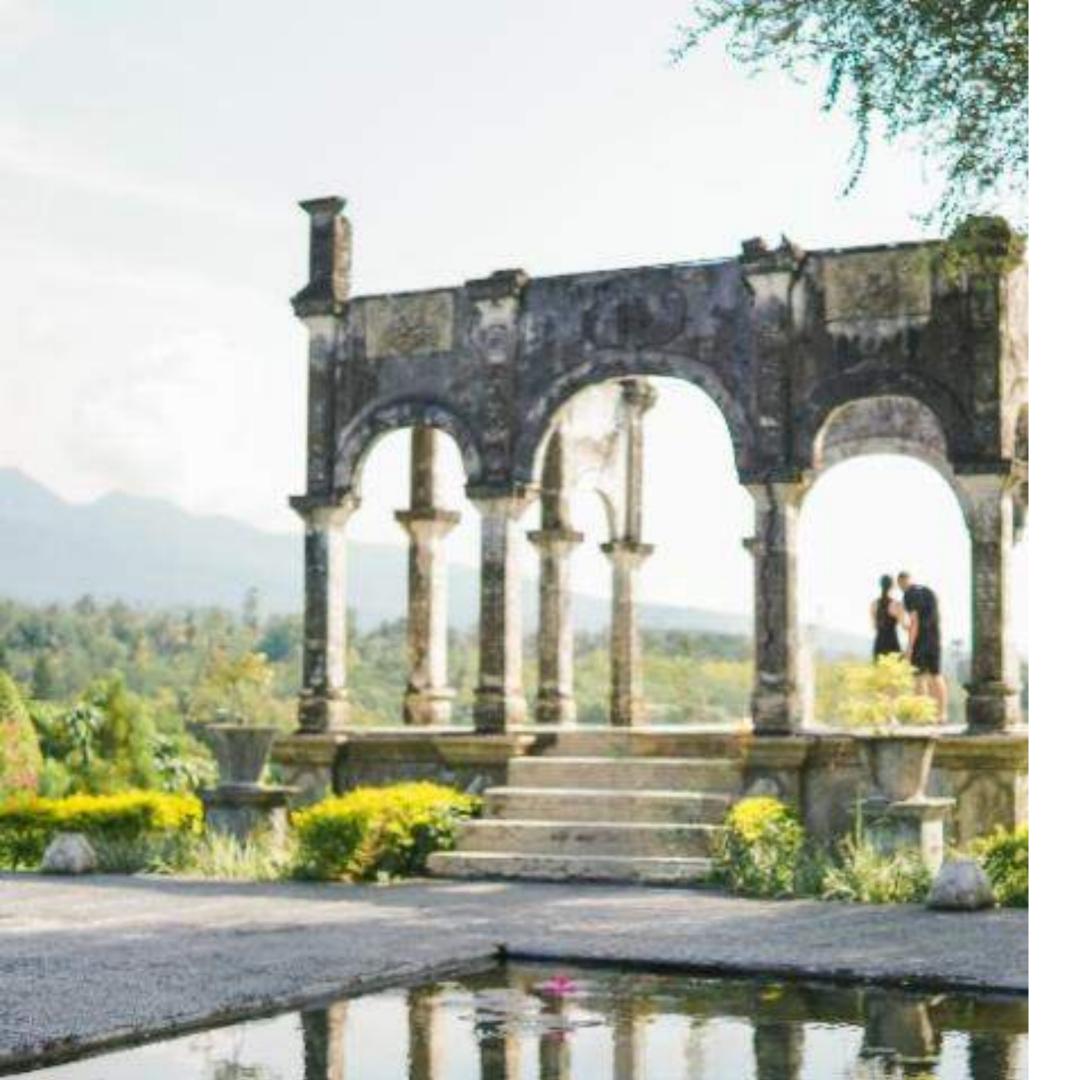
### WATER PURIFICATION AT TIRTA SUDAMALA

5 Hours Journey | IDR 750,000++ per person

Visit Tirta Sudamala for a cleansing ritual using spring water to get rid of physical and non-physical impurities. The Balinese Hindus use this holy water not only to purify the body, but also for the purification of valuable things such as buildings, vehicles and other equipment.

Price are per person

++ indicates 21% tax and service charge.



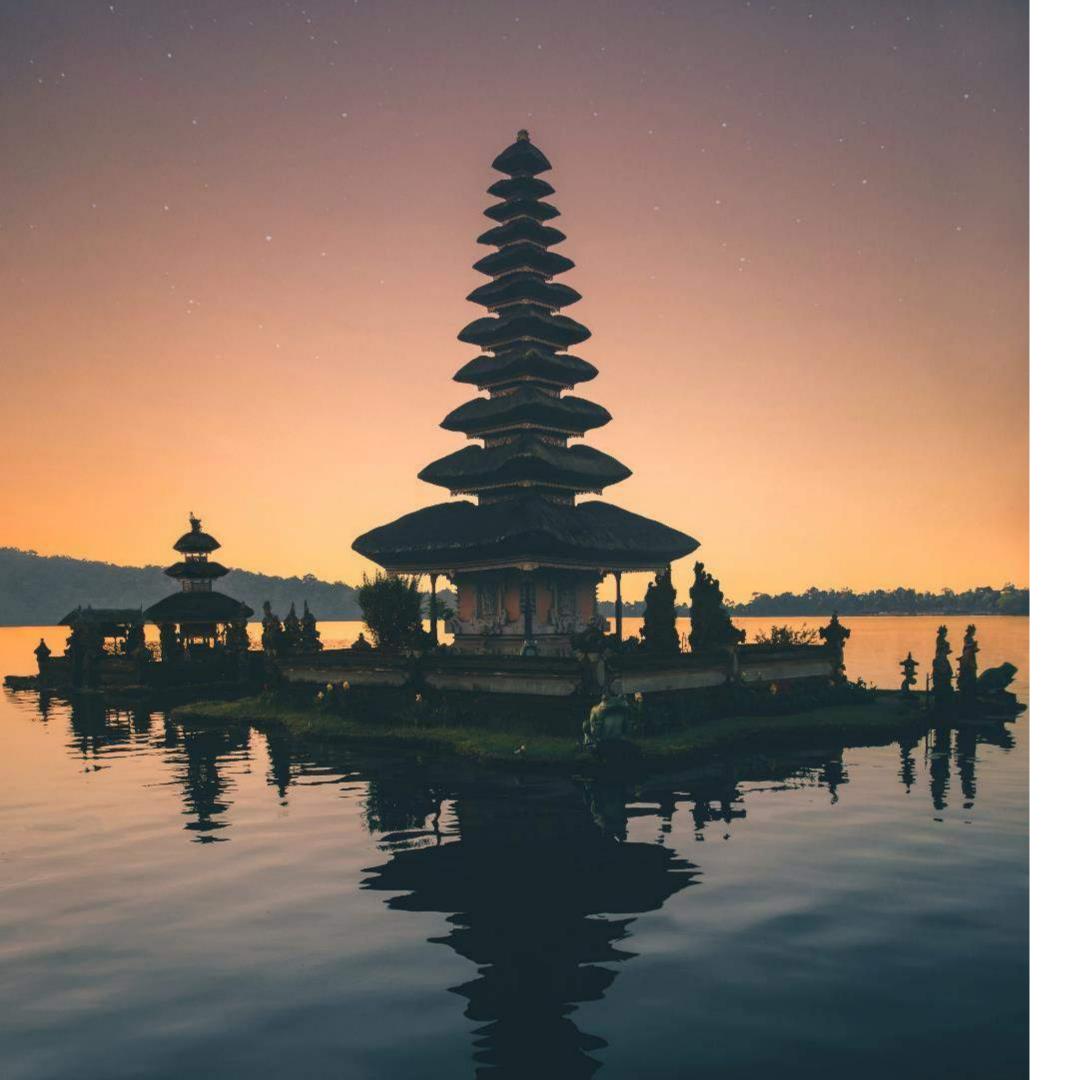
### SIGHTSEEING TO KARANGASEM

4 Hours Journey | IDR 750,000++ per person

Stroll at your leisure and stop to take in the paddy field views as you tour the most famous attractions of the former kingdom of Karangasem including Monkey Temple, Taman Ujung Water Palace, Puri Agung, Water Palace and the Bali Aga Village of Tenganan.

Price are per person

++ indicates 21% tax and service charge.



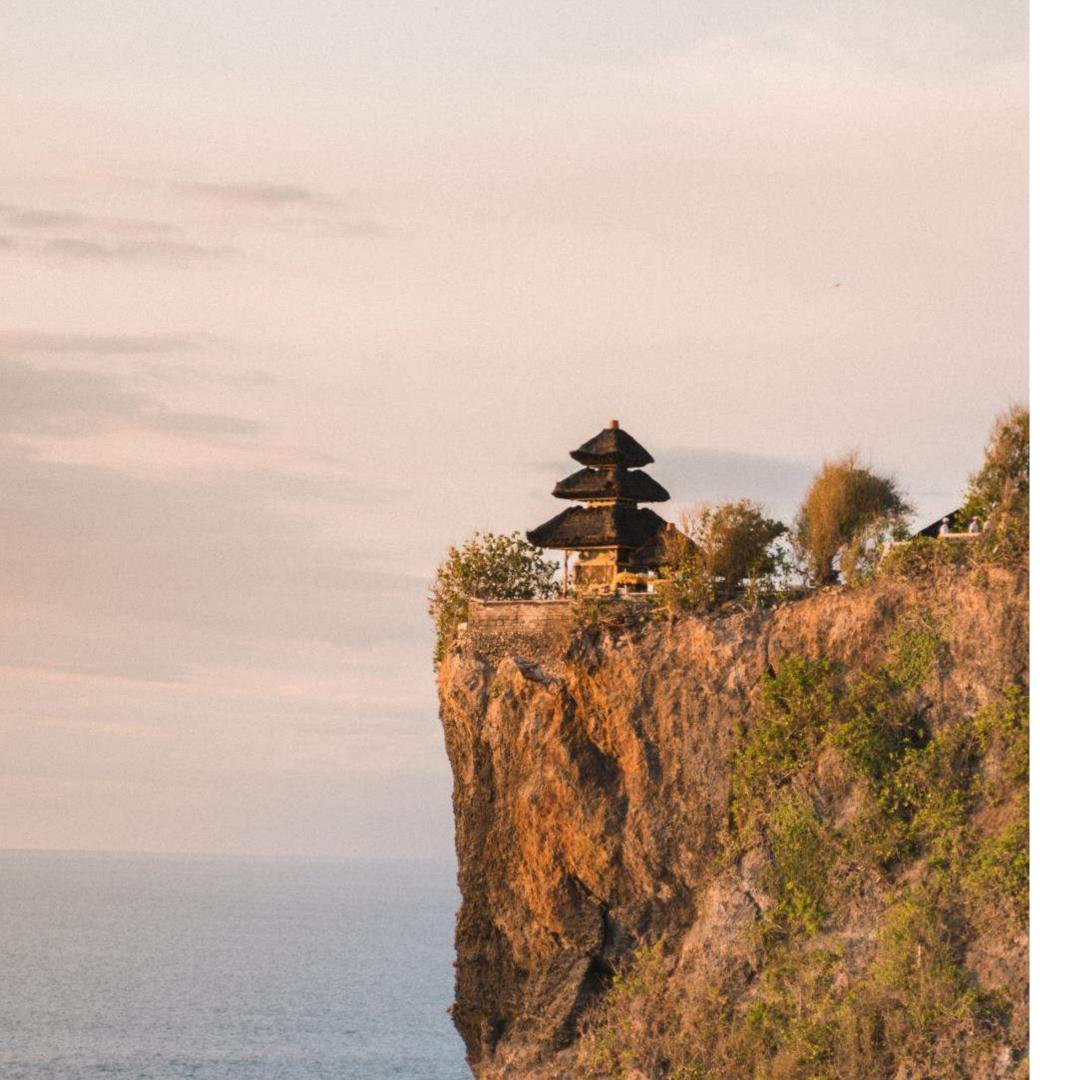
### JOURNEY TO BERATAN LAKE & BEDUGUL

8 Hours Journey | IDR 1,125,000++ per person

Located in the Tabanan regency, visit Bedugul in the hills where the temperatures are cooler and the terraces greener with fruits and vegetables being grown in abundance for the transitional fruit and vegetable market there. Also absorb the views of Lake Beratan, Ulun Danu Temple and the Taman Ayun Temple.

Price are per person

++ indicates 21% tax and service charge.



#### JOURNEY TO ULUWATU

8 Hours Journey | IDR 1,050,000++ per person

Perched atop a cliff, visit Uluwatu and the famed Uluwatu temple from where you could enjoy a breathtaking view of the sunset and Indian Ocean. This tour also includes entrance to the spectacular Kecak Dance performance, a very traditional Balinese Warrior Dance. You may want to add on a visit to the famous Seafood stalls on the beach at Jimbaran for a delicious Seafood dinner or may wish to visit our Alila Villas Uluwatu, to enjoy an evening in the absolute luxury and choice that they offer.

Price are per person

++ indicates 21% tax and service charge.



### **JOURNEY TO KINTAMANI**

8 Hours Journey | IDR 1,050,000++ per person

Visit Kintamani and therefore the breathtakingly beautiful Mount Batur, which is an active volcano — overlooking the very picturesque Batur Lake. We will also visit Goa Gajah Elephant Cave, and Tirta Empul Temple and end with a journey down some streets where traditionally beautiful Balinese Handicraft are made.

Price are per person

++ indicates 21% tax and service charge.



### **JOURNEY TO UBUD**

8 Hours Journey | IDR 1,050,000++ per person

A trip to Bali is not complete without a visit to Ubud. It is considered the Art & Cultural centre of Bali and offers a very wide range of museums, galleries, shops and streets to scour and enjoy. A traditional Balinese meal to enjoy is served at a local Warung.

Price are per person

++ indicates 21% tax and service charge.



#### JOURNEY TO TANAH LOT TEMPLE

8 Hours Journey | IDR 1,050,000++ per person

Located on the coastal country side of Beraban in Kediri sub-district and in the regency of Tabanan, the temple is built on the rock that is almost three acres in dimension. The spectacular sunset is what many travel there to see with the silhouette of the temple itself providing a most beautiful image. Legend has it that the tame black and white snake that can be found in some nooks and cracks of the coral reef around Tanah Lot Temple, arethere to guard the temple from bad outside influences and is property of the deity.

Price are per person

++ indicates 21% tax and service charge.



# PRIVATE PURSUIT

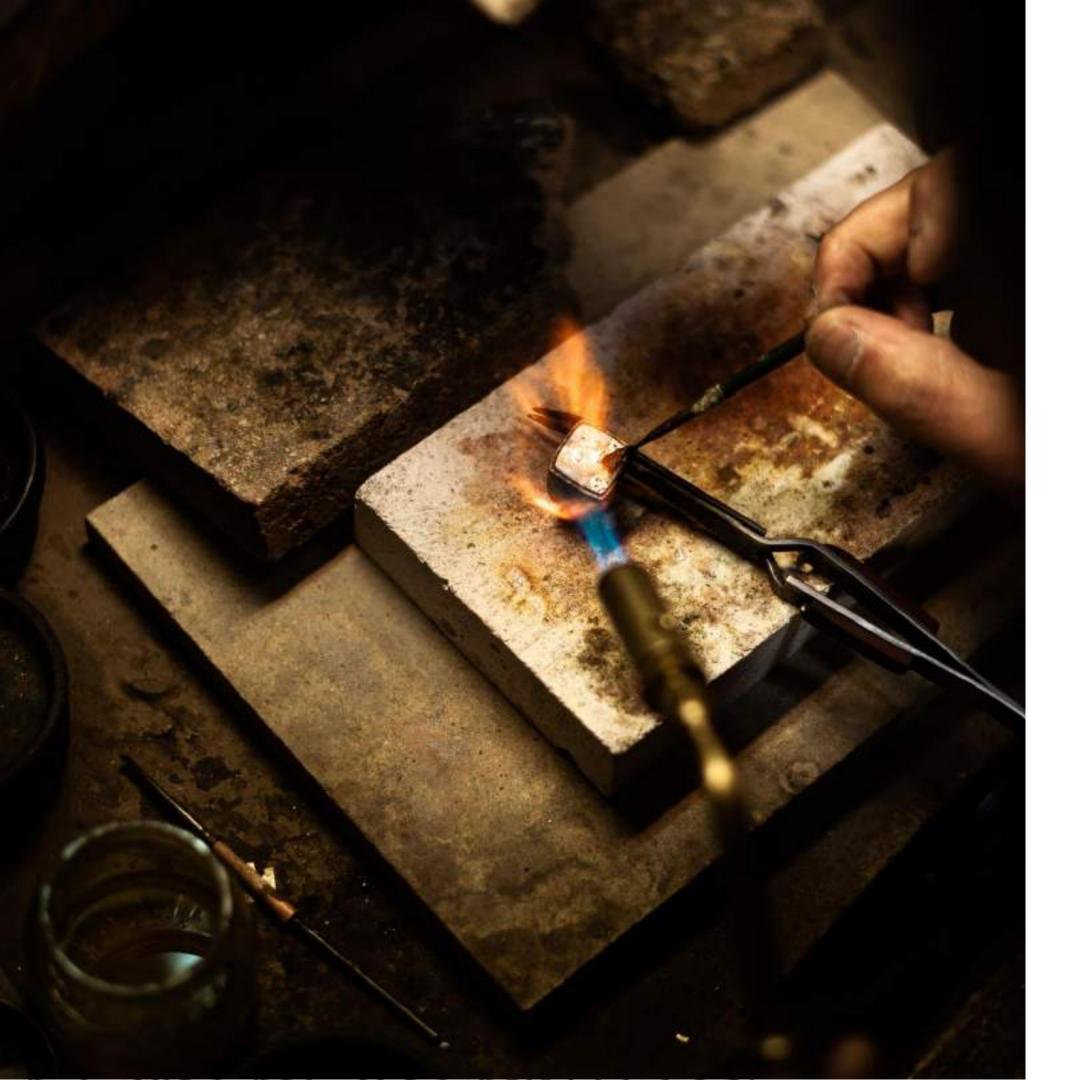
### **BALINESE DANCING CLASS**

2 Hours Journey | IDR 900,000++ per person

Adults and children alike can learn the art of Balinese dance from Balinese private tutor. This workshop includes an introduction to the Balinese dances, the rituals and their meanings. Make-up and traditional clothes will make you feel like a real Balinese dancer. The workshop will be held at a famous dance school for children of Bali in Manggis

Price are per person

++ indicates 21% tax and service charge.



### PRIVATE PURSUIT

#### SILVER MAKING JOURNEY

4 Hours Journey | IDR 2,250,000++ per person

The tradition of art in Bali has largely been one of anonymity. Each individual had his craft that he performed, and class or caste was irrelevant. Artists carried out their craft to serve their community and temple not for their own personal aggrandizement. The creation or the performance was for the glory of the village and the community rather than for personal fame.

Buda Keling village is the place to make that piece of silver jewelery you have been dreaming about! Learn the craft of the traditional Balinese Silversmith! Work with many traditional tools, such as the foot-pumped gasoline blow torch, and the sharpened quill used to apply the glue for granulation. The workshop to express your creativity. Try the half-day workshop and 20gram of silver to create a piece of Jewelry of your own design, suitable for beginners and experts.

Price are per person

++ indicates 21% tax and service charge.



## JOURNEY FOR THE KIDS

#### LIFE WITH NATURE

25 Min Return Transfer | 1 Hour Journey | IDR 375,000++ per kids

Enjoy a typical morning in the life of Balinese children — a fun-filled time out and about in nature. Roam the paddy fields to catch dragonflies in neighboring Buitan village and follow your new Balinese friends to the river to look for fish, eels and snails. This little adventure ends in our organic garden where you can relax and share your new experiences over refreshments. This activity will be supervised by the Leisure Concierge team.

Price are per person

++ indicates 21% tax and service charge.



### JOURNEY FOR THE KIDS

### KITE MAKING

2 Hours Journey | IDR 375,000++ per kids

Kite-making and flying has a long tradition in Bali and once a year is celebrated as a Hindu festival in Sanur when hundreds of beautifully handcrafted kites dot the skies. Join one of our team members and learn the secrets of making your very own kite out of bamboo, string and paper. Put your colourful kites to the test and, with the help of a bit of wind, watch them fly high above Alila Manggis.

Price are per person

++ indicates 21% tax and service charge.



### JOURNEY FOR THE KIDS

#### MAKING FLOWER GARLANDS & OFFERINGS

1,5 Hours Journey | IDR 375,000++ per kids

A fun-packed, two-hour program about flowers, gods and do-it-yourself! Flowers, and especially the frangipani trees that border the Alila Manggis walkways, play an important role in Balinese daily life. The women in particular spend hours each day creating the small offerings (canang) to keep their family safe. Join our Leisure Concierge in collecting flowers in our garden and then making beautiful flower garlands and offerings on your own.

Price are per person

++ indicates 21% tax and service charge.

