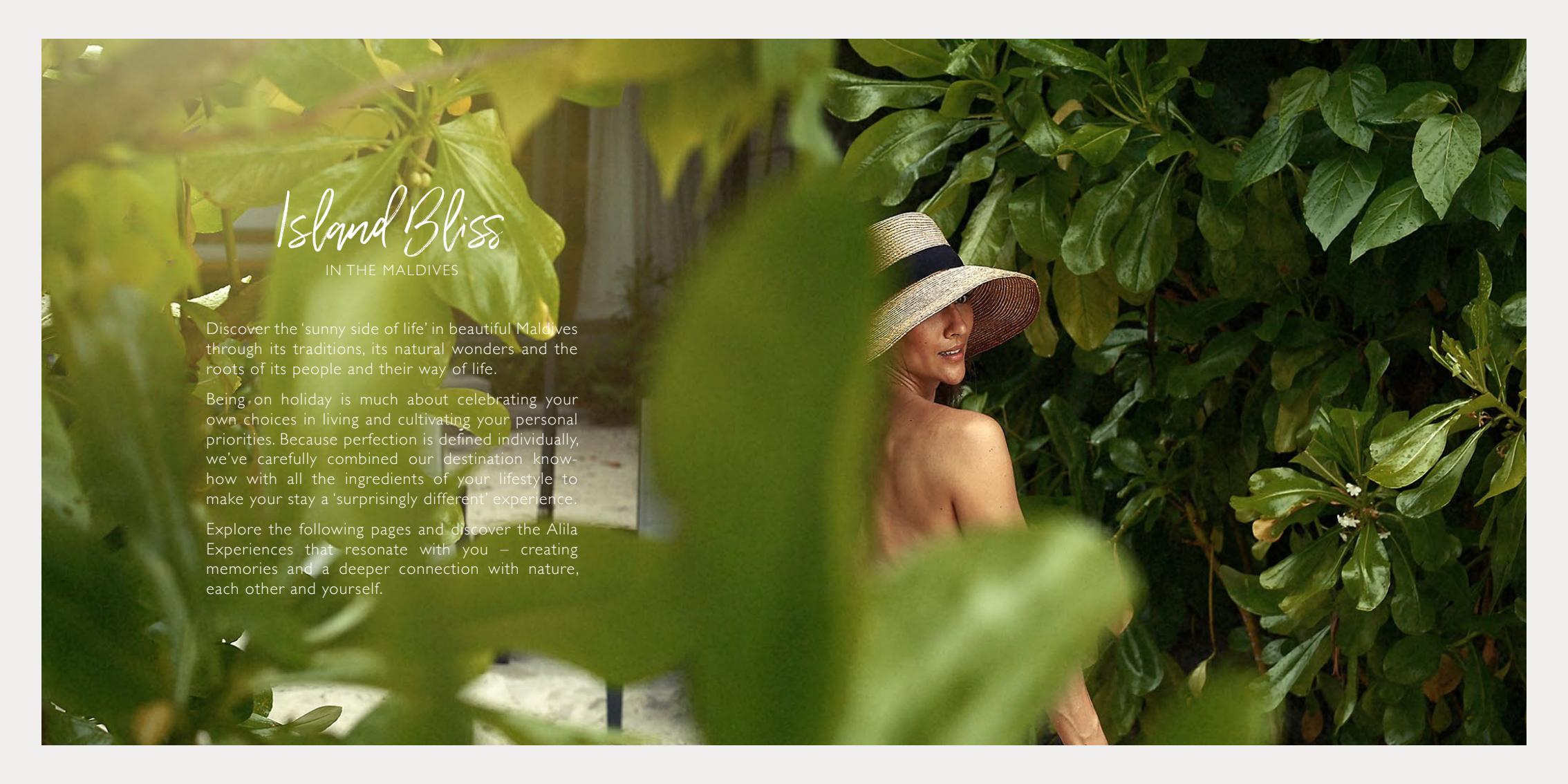


A woman with dark hair is laughing heartily, her head tilted back. She is wearing a wide-brimmed straw hat with a black band and a light blue and white striped bikini top. She is seated on a light-colored sofa with a textured cushion. To her right is a dark wooden coffee table holding a woven basket, a white cloth, a glass of water, a bowl of fruit, and a book. The background shows a large window with a view of lush greenery and palm trees.

ALILA<sup>TM</sup>  
KOTHAIFARU, MALDIVES

# ALILA EXPERIENCES

A woman wearing a large straw hat with a dark band is looking through a dense thicket of tropical leaves and flowers. The scene is lush and green, with sunlight filtering through the canopy.

# *Island Bliss*

IN THE MALDIVES

Discover the 'sunny side of life' in beautiful Maldives through its traditions, its natural wonders and the roots of its people and their way of life.

Being on holiday is much about celebrating your own choices in living and cultivating your personal priorities. Because perfection is defined individually, we've carefully combined our destination know-how with all the ingredients of your lifestyle to make your stay a 'surprisingly different' experience.

Explore the following pages and discover the Alila Experiences that resonate with you – creating memories and a deeper connection with nature, each other and yourself.

# CULTURAL LEARNING

Interactive learning experiences to understand the cultural roots of the Maldives and local daily life.





## THE ART OF COCONUT

4 hours | USD 645 ++ per couple

Cultural Activities | Cooking Class | Lunch | Mixology Class | Spa Treatment

Embark on a unique cultural, artistic and culinary journey to understand why the coconut tree is called the Miracle Tree.

Our local Leisure Concierge host will introduce you to Maldivian stories about the coconut tree that show how every aspect of it is used, whether in food, to create art or make coir ropes. Little ones can also join in the fun by learning how to make beautiful artistic creations using a coconut palm. Then watch how the locals climb the coconut trees in the traditional way and enjoy fresh coconut water.

Next, have a go at making some traditional Maldivian dishes, to be enjoyed afterwards overlooking the gentle waves. Continue on to our Mix It at Mirus mixology class to learn a few simple tips that can elevate your cocktail-making skills using coconut as a base.

A tropical coconut and flower bath followed by a massage and mini facial brings your journey to a close, leaving you feeling totally relaxed and revitalised.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required

## A DAY IN THE LIFE OF A MALDIVIAN

4 hours | USD 553 ++ per couple

Learn all about the unique lifestyle of Maldivians, narrated by one of our friendly local hosts and embark on an interactive cultural journey showcasing the Maldivian lifestyle. End the day with a visit to a nearby inhabited island, Maduvvaree, to share afternoon tea or a meal with a local family.

Don't miss the opportunity to engage with the local Boduberu (Maldivian drum entertainment) community and visit a local shop for a unique souvenir to bring home.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required



# ACTIVE SPIRITS

For those who want to live life to the fullest,  
combine active holidays with destination discovery.



## SNORKELLING

2-3 hours | Starts from USD 95 ++ per person

Known for its rich diversity and colourful coral reefs, the Maldives sea offers a wonderful snorkelling experience. Jump aboard our traditional Maldivian dhoni boat or speedboat for unforgettable snorkelling experiences led by an experienced guide, from a dolphin and turtle search to a sandbank adventure. Whether a first-timer or an expert in the water, explore the reefs at your own pace whilst being guided to the best spots for underwater exploration.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required



ACTIVE SPIRITS

## DOLPHIN CRUISE

2-3 hours | Starts from USD 90 ++ per person

White sands, blue skies and crystal-clear waters – cruise the exotic tropical islands of the Maldives on a spacious wooden Maldivian dhoni boat. Head out on a dolphin-watching excursion at sunrise or sunset, or be dropped off on a sandbank for a day of relaxation.

On the return voyage, witness the vibrant colours transform the sky as your guide shares insights on the atoll's rich underwater life.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required



# CONCIOUS LIVING

When holidays are about pampering, relaxing and healthy living, soak up the local wisdom on life's essential priorities.



## THE ART OF TOUCH

75 minutes | USD 195 ++ per person

Massage can have a profound positive effect on mind, body and spirit and offers multiple benefits, from promoting relaxation to improving sleep. Being able to give a massage is a wonderful gift to share with family and friends, and a great way for couples to deepen their bond and connection.

Learn the art of massage in this hands-on workshop covering full-body massage techniques and sequences, which you will practise on each other or your partner. Bring home a gift of massage oil after the experience for your #spaalilamaldives moments to remember.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required



# COUPLE CELEBRATION

For those who want to dedicate their holidays to their loved one. Whether on honeymoon, anniversary, affirming your commitment to each other or simply spending quality time together, we will set the mood for your private indulgence.





## DINNER UNDER THE STARS

2-3 hours | Stars from USD 550 ++ per couple

Cherish an evening to remember with your loved one, indulging in a romantic candlelit dinner beneath the stars in any secluded spot you choose.

Enjoy a 5-course dinner menu, select the perfect location anywhere on the island, and our dedicated culinary team will fulfil your wishes with an intimate private dining experience.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally. 24 hours reservation in advance is required



## STARLIGHT CINEMA

2-3 hours | USD 200 ++ per couple

Amid a warm tropical night and soundtracked by the whisper of coconut palms, experience an intimate cinema under the stars with your loved ones.

Select your favourite movie from an extensive selection and indulge in the moment with delightful homemade popcorn, a bottle of champagne and many more.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required

# CULINARY ARTS

For the active gourmet traveller. Blend product understanding and selection, and the secrets of spices, with time in the kitchen to discover the flavours of our destination – and take that knowledge home.





## SECRETS OF MALDIVIAN CUISINE

2-3 hours | USD 125 ++ per person

Gain a deeper appreciation for Maldivian culture through its cuisine in this hands-on culinary experience. Learn how to make traditional Maldivian dishes like fish curry and Kopee Fai Mashuni, discovering more about the ingredients and preparation methods as you cook under the direction of our chef. Once finished, your sumptuous meal awaits to be enjoyed overlooking the gentle waves.

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required

## MIX IT AT MIRUS

2-3 hours | USD 75 ++ per person

Come and join us for a mixology class at Mirus Bar; where you can try your hand at concocting world-class cocktails the Maldivian way. Have fun while mastering a few simple tips that can elevate your cocktail-making skills!

Prices are in USD and subject to 10% service charge and 12% GST, payable locally.

24 hours reservation in advance is required

